

# BODYOGRAPHY Wellness Center

Office Use Only:

fc:

rb:

## Client Intake Form

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 City, State, Zip Code: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Email address: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 DOB: \_\_\_\_\_ Occupation: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Email? Yes No US Mail? Yes No How did you hear about us? \_\_\_\_\_

**In case of emergency, please notify:**

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

**Current Condition/Medical History:**

Have you ever received massage or other bodywork therapy before? Yes No  
 If yes, what type? \_\_\_\_\_ How often? \_\_\_\_\_

What are your goals for receiving regular massage? \_\_\_\_\_

Please rate the stress level in your life (5 is the most) 1 2 3 4 5

Please list all of your major complaints: \_\_\_\_\_ Date of onset: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Are you currently under the care of a medical doctor/health practitioner? Yes No  
 If yes, for what condition? \_\_\_\_\_

Health practitioner's name & phone number: \_\_\_\_\_

Please list all the medications /supplements you currently take, including dosage:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please list any accidents/surgeries you have had: \_\_\_\_\_ Date: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you had orthodontic work? Yes No Dentures? Yes No  
 Do you wear contact lenses? Yes No Do you smoke? Yes No  
 Do you exercise? Please describe: \_\_\_\_\_

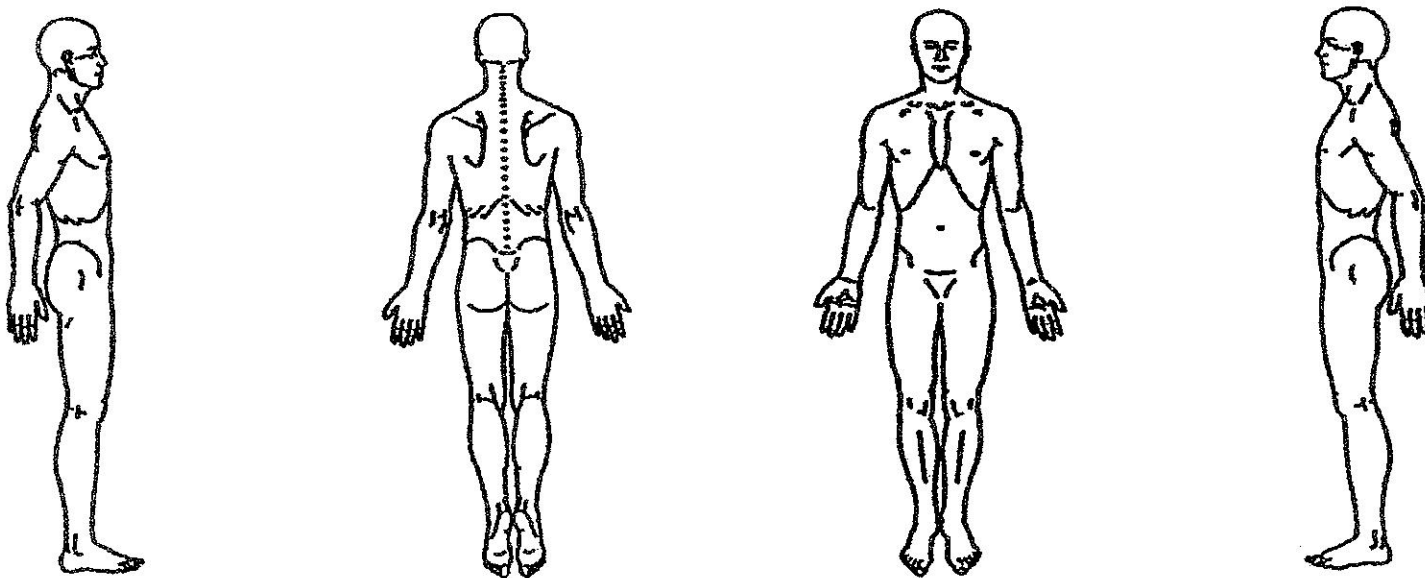
(please turn over)

**Please check if you have/had any of the following:**

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Allergies        | <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Asthma               | <input type="checkbox"/> Back pain                 |
| <input type="checkbox"/> Bursitis         | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Car accident         | <input type="checkbox"/> Carpal Tunnel             |
| <input type="checkbox"/> Chest pains      | <input type="checkbox"/> Circulatory problems | <input type="checkbox"/> Dislocations         | <input type="checkbox"/> Decreased range of motion |
| <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Digestive disorders  | <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Edema                     |
| <input type="checkbox"/> Fatigue          | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Fractures            | <input type="checkbox"/> Fainting spells           |
| <input type="checkbox"/> Gout             | <input type="checkbox"/> Headaches            | <input type="checkbox"/> Heart conditions     | <input type="checkbox"/> Herniated discs           |
| <input type="checkbox"/> HIV/AIDS         | <input type="checkbox"/> Insomnia             | <input type="checkbox"/> Loss of balance      | <input type="checkbox"/> Low/High blood pressure   |
| <input type="checkbox"/> Muscle sprain    | <input type="checkbox"/> Neck pain            | <input type="checkbox"/> Nerve damage         | <input type="checkbox"/> Pins/needles              |
| <input type="checkbox"/> Pacemaker        | <input type="checkbox"/> Pregnant now         | <input type="checkbox"/> Respiratory problems | <input type="checkbox"/> Sciatica                  |
| <input type="checkbox"/> Seizures         | <input type="checkbox"/> Shortness of breath  | <input type="checkbox"/> Sinusitis            | <input type="checkbox"/> Skin problems             |
| <input type="checkbox"/> Spinal disorders | <input type="checkbox"/> Sport injury         | <input type="checkbox"/> Stress               | <input type="checkbox"/> Surgeries                 |
| <input type="checkbox"/> Tendonitis       | <input type="checkbox"/> TMJ                  | <input type="checkbox"/> Ulcers               | <input type="checkbox"/> Varicose veins            |

Any other medical conditions: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Please indicate any areas of joint or muscle pain on the figures below:**



**Waiver/Informed Consent:**

I, \_\_\_\_\_, understand that the massage therapy provided by Bodyography Wellness Center, LLC is intended to enhance relaxation, release muscle tension or spasm, increase range of motion, or improve circulation or energy flow. I understand the massage therapist does not diagnose illness or disease, does not prescribe medications, and does not perform spinal manipulations. I understand that massage therapy is not a substitute for medical treatment or medications and that it is recommended I see a physician for any ailment I may have. I have informed the massage therapist of all my known physical conditions, medical conditions, and medications. I will keep the massage therapist updated on any changes. In situations where a physician's medical release is requested by Bodyography Wellness Center, LLC and the client refuses and/or is unable to provide it, the client shall take full responsibility for any loss, injury, or damages. **Twenty-four (24) hour notice of cancellation is required or I agree to pay the full cost of the session scheduled.**

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_